Understand money. Build your future confidently.

Smart Money Decisions

Individual coachings for understanding & managing money, budgeting and investments smarter

This program helps you understand your financial choices, see what really matters and build healthy financial habits that feel right for your life. Make smarter money decisions and move forward with peace of mind.

- Understand your income, expenses and money habits
- Build a simple budget you can stick to
- Learn the basics of saving and investing
- Understand how money works over time
- Identify financial goals and next steps

Goals & Results

How?
Your Path from Money Avoidance to Financial Peace of Mind

Session 1
Your Money Mindset

- Understand your money beliefs
- Clarify your money goals and what money means to you
- Reflect on your financial habits
- Define what “enough” means for your life

Session 2
Your Money Overview

- Map your income, expenses and saving potential
- Create a simple tool to track your expenses
- Learn about budgeting strategies
- Build your personal budget logic

Session 3
Your Money Options

- Explore saving and investing options
- Understand basic terms and products
- Learn how compoun-ding works over time
- Compare risk and return and reduce risk in financial decisions

Session 4
Your Money Strategy

- Define your financial goal and simulate ways how to achieve it
- Create your strategy
- Automate saving and investing habits
- Build simple tools for financial clarity and ease of mind

Organization & Formats

4 sessions á 2 hours

Structured templates, tools and exercises

In-person / remote sessions, as preferred

1:1 personal coaching that meets your individual needs

Your Trainer

Dr. Maximilian Reich

- Management consultant & Senior manager @ CTcon, Munich
- Associate audit digitalization @ EY, Frankfurt
- PhD Mathematics, TU Freiberg
- M.Sc. Applied Mathematics, TU Freiberg & Linnaeus University Sweden

- Finance enthusiast and expert
- Financial tools, automization & decision-making
- Investment strategies

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Start your journey now!

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